



New San Rafael Emergency Department Opening Summer 2014

Tenth Annual  
**Trauma Symposium**

Sponsored by:

**Kaiser Permanente Medical Centers**  
**San Rafael and South Sacramento**

**Friday & Saturday, March 21st and 22nd, 2014**

*Embassy Suites Hotel*

**101 McInnis Parkway, San Rafael, CA 94903**

**415-499-9222**

**Course Description:**

Kaiser Permanente Medical Centers continue to be devoted to the excellent care of all trauma patients in Marin County. The Tenth Annual Trauma Symposium is dedicated to this mission. It features local, Bay Area and national speakers discussing a broad variety of current trauma issues. It balances the latest in evidence-based practice and innovative, thought-provoking elements of care. We hope you will be able to join us as partners for fun and celebration as we learn together.

**Intended Audience:**

Registered Nurses, Paramedics, Clinical Lab Specialists and Certified Phlebotomists, Radiology Technicians, Physical Therapists and Other Interested Trauma Team Members.

**CE INFORMATION:**

<b>PARAMEDIC CE:</b>	<b>Provider approved for 12 contact hours</b>
<b>REGISTERED NURSE CE:</b>	<b>Provider approved by the California Board of Registered Nursing, Provider Number CEP16284</b> <ul style="list-style-type: none"><li>• Entire Session-12 Contact Hours</li><li>• Friday, March 21, 2014 - 7 Contact Hours</li><li>• Saturday, March 22, 2014 - 5 Contact Hours</li></ul>
<b>CLS &amp; Certified Phlebotomists:</b>	<b>Provider approved for 12 CE</b>
<b>RADIOLOGY TECHNICIANS:</b>	<b>Provider approved for 12 CE</b>
<b>PHYSICAL THERAPISTS:</b>	<b>Provider approved for 12 CE</b>
<b>MFCs &amp; LSWs:</b>	<b>Provider approved for 12 CE</b>

**OBJECTIVES:**

- Incorporate knowledge of associated injuries to index traumatic injuries when assessing and diagnosing trauma patients.
- Improve critical thinking in the differential diagnosis and treatment of pediatric orthopedic emergencies.
- Utilize knowledge of autonomic storming in acute injury to implement treatments that will minimize this reaction.
- Apply learning from Asiana Flight 214 first responder experiences to local disaster planning.
- Advance learned knowledge from traumatic case studies into policy/procedures and practice.

**REGISTRATION INFORMATION:**

Please Register on Provided Form or email Alice Gerhardt (alice.gerhardt@kp.org) by 3/14/14

**Registration Fees:**

Friday, 3/21 & Saturday, 3/22	\$125
Friday Only, 3/21	\$100
Saturday Only, 3/22	\$ 85

For more information on the symposium, call Alanna Brogan at 415.444.2651

## **SCHEDULE OF EVENTS**

### **Friday, March 21, 2014**

- 08:30-08:45:**            **Opening Remarks**  
Alanna Brogan, RN, MSN Trauma Coordinator, KPSRF  
Lynne Behr, RN, BSN, Trauma Program Manager, KPSRF  
Jennifer Plunkett, MD, Trauma Medical Director, KPSRF  
Christy Frecceri, RN, Trauma Program Manager, KPSSAC  
Jason London, MD, Trauma Medical Director, KPSSAC
- 08:45-09:45:**            **Pediatric Orthopedic Emergencies**  
Mohammed Diab, MD, UCSF
- 09:45-10:45:**            **Facial Trauma**  
Jae Jun, MD, KPSSAC
- 11:00-12:00:**            **Extreme Medicine**  
Bruce Hagen, EMT-P, Operation/Clinical Field Supervisor, American  
Medical Response
- 12:00-13:00:**            **San Francisco Asiana Flight 214**  
Peggy Knudson, MD, UCSF
- 14:00-15:00:**            **The Silent National Threat: Role of Prescription and Illicit Drug Abuse  
in Trauma**  
Jo Barr, RN, MS, Cardio Tech
- 15:15-16:15:**            **What Else Can Happen? Associated Trauma Injuries**  
Matt Sena, MD, KPSSAC
- 16:15-17:15:**            **“Look How Far We Have Come”**  
Christy Frecceri, RN, TPM, KPSSAC  
Maya Leggett, MD, KPSSAC
- 17:15-19:30:**            COME AND JOIN US FOR A RECEPTION TO CELEBRATE  
ALL OUR WONDERFUL TRAUMA PROVIDERS DELIVERING  
THE BEST OF CARE TO OUR PATIENTS

### **Saturday, March 22, 2014**

- 08:30-08:40:**            **Opening**  
Alanna Brogan, RN, MSN, Trauma Coordinator, KPSRF
- 08:40-09:40:**            **Stump the Stars**  
Cheryl Wraa, TCAR Program Director, UC Davis
- 10:00-11:00:**            **Autonomic Storming in Acute Injury**  
Akshat Shah, MD, KPSSAC
- 11:00-12:30:**            **Frontline on the Homefront: Providing Care & Support to Service  
Members, Veterans & Their Children**  
Thomas Winkel, LPC; Patrick Ziegert & Captain Dean Pedrotti—Arizona  
Coalition for Military Families
- 13:30-15:00:**            **“How Can You Laugh at That?”**  
Terry Foster, RN, MSN, FAEN
- 15:00-15:15:**            **Closing Remarks**

# About the Faculty

**JO BARR, RN, MS:** Nationally recognized lecturer in the area of neuro-science nursing. Founder and Director of Cranio Teach in San Jose providing education and consultation in the neuro-science field. Has 34 years of critical care nursing experience and is also a Clinical Professor at UCSF and educator at Santa Clara Valley Medical Center.

**MOHAMMED DIAB, MD:** Professor of Clinical Orthopedic Surgery and Academy of Medical Educators Chair. Practices in Orthopedics and Pediatrics at UCSF where he serves as the Chief. Dr. Diab also serves as the Chair of the Pediatric Orthopedic Society of North America. He has 41 peer reviewed publications. His medical education was at Stanford. He was a resident at University of Washington and did a fellowship in Pediatric Orthopedics at Harvard.

**TERRY FOSTER, RN, MSN, CCRN, CEN:** Critical Care CNS, St. Elizabeth Medical Center, Englewood, Kentucky. Also, an Adjunct Nursing Professor at the College of Mt. St. Joseph, Cincinnati, Ohio. He has authored 37 publications and given 2,500 presentations, mostly on critical care issues, but also on nursing humor. This has led to presentations at entertainment centers in Las Vegas and Atlantic City. He also has had engagements on the Learning Channel related to nursing humor.

**CHRISTY FRECCERI, RN, TPM:** Trauma Program Manager at Kaiser Permanente Medical Center South Sacramento. Senior Consultant for Health Works, Inc., providing consultation in Trauma Program start-ups, ACS surveys and new hospital design. Christy has 25 years experience in trauma and is considered a national expert. She presents on trauma regularly and has been published prolifically regarding trauma.

**BRUCE HAGEN, EMT-P:** Mr. Hagen is a member/lecturer at San Francisco Paramedic Association. He is the Director of Training, Education and Rescue at Outworld Medical & Rescue Services. He also serves as the paramedic supervisor at American Medical Response. His teaching/training interests include remote/wilderness rescues related to caving, mountaineering, horseback riding, often in the jungles of Belize, Central America.

**JAE JUN, M.D.:** Staff physician in Maxillofacial Surgery at Kaiser Permanente South Sacramento. Dr. Jun attended medical school at UCSF and completed residencies in General Surgery and Oral/Maxillofacial Surgery at UCSF. He also completed microsurgery training at UCSF in 2009. Dr. Jun participates actively in research, writing for specialty publications and in speaking to peers and other health practitioners.

**PEGGY KNUDSON, MD:** Professor of Surgery, UCSF Department of Surgery and Executive Director, San Francisco Injury Center for Research and Prevention. Dr. Knudson completed a general surgery residency at the University of Michigan. After completing a fellowship in pediatric surgery at Stanford University, she became involved in the development of trauma systems in California. She maintains a special interest in pediatric trauma. Dr. Knudson is the Principal Investigator of the CDC San Francisco Injury Center and is also active in many other areas related to trauma research. Being community minded, Dr. Knudson also volunteers around the world in disaster ridden areas.

**MAYA LEGGETT, MD:** Trauma Surgeon and Assistant Chief of the Trauma Department at Kaiser Permanente South Sacramento. She also serves as: ICU Director at KPSSAC, Medical Director of the Sacramento Violence Intervention Program, and Massive Transfusion Protocol physician lead. Maya completed her surgical residency at UCDMC and her surgery fellowship at the University of Louisville.

**DEAN PEDROTTI:** Captain/Paramedic for the Phoenix Fire Department and is currently on special assignment extending veteran awareness training to all PFD firefighters. He has worked as a Hazardous Material Inspector, EMS Officer, Technical Rescue Technician and on Urban Search and Rescue teams. Dean has an MBA from UC Davis. He has written over 45 articles in national fire service publications.

**MATT SENA, MD:** Trauma Surgeon for Kaiser Permanente South Sacramento. Most recently he practiced at UCDMC and Travis Air Force Base. He serves as an Assistant Professor at UCDMC and a consultant/instructor in Deployment Medicine International, Gig Harbor, WA. His medical education was received at UCDMC. He has published many articles and abstracts, as well he presents in his area of specialty frequently.

**AKSHAT, SHAH, MD:** Dr. Shah is the Assistant Medical Director of Physical Medicine and Rehabilitation for Kaiser Permanente South Sacramento. Prior to 9/2011, he served at Santa Clara Valley Medical Center first as Director of Rehabilitation for The Trauma Center and then as Chief of Spinal Cord Surgery and Orthopedic Rehabilitation. Dr. Shah completed a Fellowship in Spinal Cord Medicine and his residency in Physical Medicine and Rehabilitation at the University of Medicine and Dentistry, New Jersey. Dr. Shah received many honors and teaching awards while in school. He has been published prolifically in his areas of expertise.

**THOMAS WINKEL:** Works with the Arizona National Guard/Arizona Coalition for Military Families as a Military Family Life Consultant. The coalition is a public/private partnership focused on building support for all service members, veterans and their families. Thomas also works with the Arizona Public Health Association as a board member fostering relationships with military/veteran systems of care and the state Public Health Department. Education -MS in Psychology from the Lewis and Clark Graduate School of Professional Studies, Portland Oregon.

**CHERYL WRAA, RN, MS:** Instructor and Program Director for the Trauma Care After Resuscitation Course at UC Davis Medical Center. Previously, Trauma Program Manager at UCDMC. Ms. Wraa has 32 years of experience in emergency and trauma care. She is a member of the California Trauma Advisory Committee. Ms. Wraa has been speaking nationally on trauma since 1988 and has been published extensively as well.

**PATRICK ZIEGERT:** Serves as the Training and Outreach Coordinator for the Arizona Coalition of Military Families. He is an instructor for the Crisis Intervention Teams International – teaching law enforcement crisis responders best practice techniques for military/veteran crisis calls. Patrick is also the Community Outreach and Education Specialist for the Office of the Attorney General in Arizona.